



**Vaastu literally means an abode for the living or the Gods.** Widely practiced in its application; at the construction stages of the building or house. Very important in deciding the slopes on a plot, the placement and distribution of constructed space. It helps decide the location of the water storage, sewage systems, the entry and exit point on a given plot. It is one of the oldest methods for scientific construction creating harmonious living space.

### Vaastu Home Tips

- A house should be constructed in more or less in a square or rectangular shape. Any cuts or extensions in the shape should not be in excess.
- Slants and angular walls or ceilings create erratic movement of energy in the house.
- Ideally the plot should be square or rectangular in shape; if angled the side facing the active road should be the narrower one.
- Kitchens are best if situated in the East or Southeast sections.
- While cooking the cook must have a view of the kitchen door; it brings prosperity to the family.
- Art objects like paintings, posters, statues or any other features must look good, be in good shape and have pleasant appeal. Objects with violent suggestions can be harmful.
  
- Trees around the house or on a plot should be felled without consulting the local cultural beliefs and rituals; at times negligence in this matter can be dangerous.
- Indoor plants should be small, healthy free of thorns, spiky leaves and pointed needle like ferns.
- Plants belong to the East, Southeast or in small measure to the North direction.
- Trees up close to the doors or windows blocking sunlight or view are unwelcome.

### Vaastu Office Tips

- In the office, avoid placing the temple at the back of the owner's seat.
- The owner seat must be facing his favorable direction.
- The decision making persons should be sitting in the West, Northwest sections.
- The Eastern part should have the more active staff as the sales, public relations.
- The owner's cabin must not have over head storage.
- The reception's desk should not be semicircular with the rounded portion pointing to the

## Vaastu Wisdom

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entrance especially if it is made of glass.

- Too many staff tables facing the walls can create an atmosphere of indifference in an office making it difficult to get staff co-operation.
- The owner or the decision making person must have a solid wall behind his chair.
- The head of any office must have a high backed chair; different from the others.
- The person in charge of the office should not sit right opposite a door.
- Any back door to an office should have some pleasant sounding bell attached to its inner handle to keep a check of the movement happening behind your back.